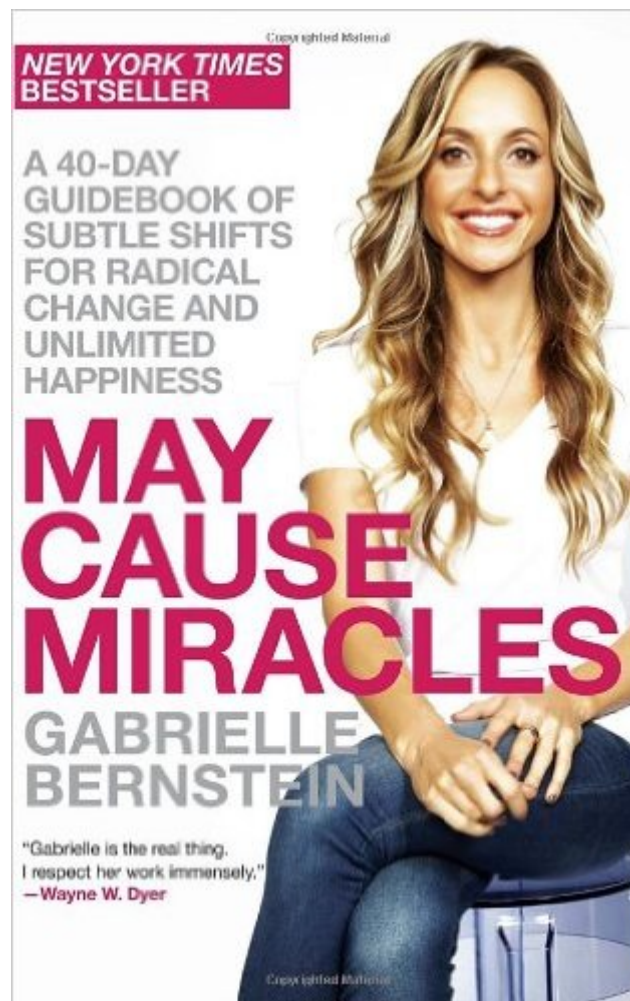


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May Cause Miracles: A 40-Day Guidebook Of Subtle Shifts For Radical Change And Unlimited Happiness



Synopsis

New York Times Bestseller! From the popular and exciting author of *Spirit Junkie* and *Add More ~ing to Your Life* comes this practical and fun 40-day guidebook of subtle shifts for radical change and unlimited happiness. Are you ready to work miracles? Gabrielle Bernstein believes that simple, consistent shifts in our thinking and actions can lead to the miraculous in all aspects of our daily lives, including our relationships, finances, bodies, and self-image. In this inspiring guide, Gabrielle offers an exciting plan for releasing fear and allowing gratitude, forgiveness, and love to flow through us without fail. All of which, ultimately, will lead to breathtaking lives of abundance, acceptance, appreciation, and happiness. With *May Cause Miracles*, readers can expect incredible transformation in 40 powerful days: simply by adding up subtle shifts to create miraculous change. From the Hardcover edition.

Book Information

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Customer Reviews

I'm a big fan of Gabby's. I have read her other books and followed her on her site and social media for years. I had the release of this book set on a countdown on my phone. I couldn't have been more excited for it...Maybe that was the problem. Maybe because I have read her other books, *May Cause Miracles* read like *May Cause More Of The Same*. I just felt like I was reading her first two books all over again with a (very basic) guide added on. It's definitely geared towards those who are beginners on their spiritual path. The 40 Day guide is a great start for beginners, but wasn't what I was looking for, as I've also done similar and more in-depth daily guides in such books as *ACIM* (of which Gabby is an admitted student), *The Magic*, and others. I was hoping for something new and

fresh, considering this is only Gabby's third book... But i do acknowledge that maybe that's unfair and I was hoping for too much, and that those are simply MY expectations, which isn't a reflection of the book itself. However, I don't think it's reaching too far to expect some new material from a relatively new author. Some clearly disagree with me on this, they're okay with reading the same thing repeatedly. That's fine. I just wish I had known before I paid full price for it. I still like Gabby and will continue to follow her and watch her growth and draw inspiration from her. And I look forward to her future, and hopefully new, publishings. For those who are new to the self-help section, or for those looking for reinforcement material on Gabby's previous two books and A Course In Miracles... This book is a good start.*Edited To Add* - READ BEFORE BUYING BASED ON REVIEWS*I find many of these reviews on this book and comments made on my review disheartening. A large portion of the 5 star reviews are written by unverified users who have only ever written a review for this book or just of books under this publishing company. A couple of reviews even claim to have completed and been transformed by the FORTY DAY guidebook on January 1st and 2nd... When the book was released on January 1st. I do believe in miracles, but I also believe in reality and I know it's not possible to complete a 40 day workbook properly in 1 day and be transformed. Faking ratings to boost sales is not a new marketing scheme, but very disheartening with this book if that is the case. If you're publishing a book on "miracles" and "trusting in the universe", perhaps you should believe in what you're publishing before you run it through the marketing mill and take people's money. Considering that this book really is just a rewrite of Gabby's other two books and the hypocritical marketing along with it, I half feel like lowering the rating to one or two stars. But I will not because the contents of the book remain the same and I believe in the message. I now just question the sincerity behind the words. Perhaps the marketing team should believe in miracles, too. Conclusion: Be wary of purchasing this book based on the glowing reviews alone. If you are drawn to this book, give it a try. Just don't be deceived by marketing schemes.

I had many problems with this book. Mainly I found it boring and repetitive. Plus I agree with some other reviewers here - that Gabby doesn't go deep. A lot of her info is surface oriented. As someone else mentioned in their review, Gabby writes how she got down to 99 pounds and had 6 ulcers - but doesn't explain enough of the what led to this- etc etc But mainly this book is a challenge to read because it's boring and redundant. I am shocked that this book got so many positive reviews - it is simply that bad. So out of curiosity I read the comments below one of the other reviewers - a reviewer who said she thought this book was a re-hash of Gabby's first 2 books - the reviewer

xkriscrossx - Check out comments below her review. She got dumped on by what appears to be Gabby's aggressive marketing team. Very strange behavior - for a self help author to assign her marketing team to attack negative reviewers. And from what this reviewers says, Gabby's done this before with her other book reviews too. From what I've read from (and about) Gabby - she's a good marketing girl - but she's really a very shallow spiritual writer. She seems like a a false voice in the spiritual world. I too noticed how a majority of the 5 star reviews were written by people who have only ever written a review for this book - many of which claimed to have finished the book and had their lives changed by this 40 day plan - on January 1st or 2nd - when the book was published on Jan 1st. As someone else pointed out, it's not possible to complete a 40 day program in 1 day and be transformed. Perhaps this book received a lot of positive reviews because Gabby held a blog contest - which required people to write positive reviews on - if Gabby were to consider posting their submission on her site. I suppose this is a good marketing tool for Gabby to come up with to get a bunch of writers who want some publicity to write positive reviews on about Gabby's book - but - in the end, this means that if you're considering buying this book - you should pause before you do so - and make sure you're not being lured in by insincere reviews.

I loved her other books, but this seems...I don't know, like she's strayed a bit. I lost interest after the second or third day, I can't even remember to be honest. It was just boring and it seemed like her intentions were off. Maybe it was seeing that picture of her on her website with her eyes closed front and center of some sort of class with a bunch of people with their eyes closed. What are you a guru? LOL, I just can't take it seriously. I kept having to remind myself to approach it with love and understanding and thought, "wait a minute, why am I working this hard?" I don't know, I have a lot of work to do on myself, but I'm not sure this is the way for me. See if you can borrow it first before you outright purchase it. Update: May 15th, 2013 So I tried to give her another shot, despite receiving her self-centered annoying email about how to respond to negative criticism a few days before giving it another go. I can't even get through the first day! It's not a book the consumer, it's a book for her. It's not meant to help anyone as much as it is her homework. I don't know if that makes any sense, but to put it another way, it seems like this is a project for her to get some sort of training certificate. It just seems like it's written because someone told her to do it, or so she can get another qualification stamp. It's really boring and her tone comes off as disingenuous. I am going to read a course in miracles though, since she quotes it on every page, every exercise.

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